



University of Colorado
Monthly Compliance Meeting

APRIL 8, 2010

TODAY'S AGENDA

- o's Announcements
- Kris' Announcements
- Breakout" Sessions
- What we all must know about summer sports camps
- Compliance Quote

JO'S ANNOUNCEMENTS

- Financial Aid Renewal worksheets are DUE tomorrow, 4/9! Your sport administrator & AD must sign off on them before you submit them-please send directly to SpAdmin/AD. (Only have WSO so far...)
- NLI Signing Period begins next Wednesday 4/14. Please submit requests ASAP!
- All Student-Athlete meetings on 4/20 & 4/21 at 7PM. All students must attend (even seniors) and all coaching staff members must attend one of the two meetings. Dal Ward Auditorium
- Summer school: financial aid agreements, housing, stipends

CUSPYS are April 27th at 6PM – Be there!

HAC ANNOUNCEMENTS

- Priority Registration for Fall 2010
- Registration Holds



**RULES EDUCATION “BETA
TESTING”**

New Initiatives

- Rob will be testing new Rules Education programs throughout the remainder of this school year
- This testing period is to see how they will fit into the 2010-11 Rules Education plan

“Breakout” Sessions

- Starting this month, we will begin “breakout sessions” for our sport programs
- We will discuss sport-specific items
- These will be SHORT sessions!
 - Goal of 15 minutes in length AT MOST!!!!

“Breakout” Sessions

- Rob will meet with hold breakout sessions for:
 - Football
 - Men’s Basketball
 - Women’s Basketball
 - Olympic Sports

“Practice Pointers”

- Rob will attend one practice per month to address your student-athletes
- No more than 5 minutes of your time
- Work with sport programs to be interrupt things as little possible
 - Stretching
 - Post-practice
 - Pre-practice

“Text Tips”

- Work with Jeff Hoskin and IT to develop a way to easily reach all coaches/staff by mass text message
- Goal is to send 2 per month
- Would like to implement this with coaches, staff, and student-athletes

What We All Should Know About CU Summer Sports Camps

CU SUMMER SPORTS CAMPS

Camps and Recruiting

- In the eyes of the NCAA, recruiting activity and camp should resemble:

Camp
Attendance

Recruiting
Activity



Camps and Recruiting

In coaches' eyes, camps and recruiting go hand in hand...



Camps and Recruiting

- While you cannot put on the full-court-press, there are some things you CAN do!
- 13.12.1.4 Recruiting Calendar Exceptions.

...However, an institutional staff member employed at any camp or clinic (e.g., counselor, director) is prohibited from recruiting any prospective student-athlete during the time period that the camp or clinic is conducted (from the time the prospective student-athlete reports to the camp or clinic until the conclusion of all camp activities). The prohibition against recruiting includes extending verbal or written offers of financial aid to any prospective student-athlete during his or her attendance at the camp or clinic...

Can't vs. Can- Campus Tours

■ CAN'T

- You cannot give campus tours during camp

■ CAN

- Tours of facilities being used during camp
 - Fields being used
 - Residence hall they are staying in
- Give campus tours BEFORE ANY camp activity starts
- Give campus tours AFTER ALL camp activity has ceased and all campers are released

Can't vs. Can- Offering Scholarships

■ CAN'T

- Offer scholarships during camp
 - Verbal
 - In writing

■ CAN

- Offer a scholarship PRIOR to ANY camp activities occurring
 - Transportation from the airport triggers camp activities!
- Offer a scholarship AFTER ALL camp activities have concluded
 - All campers released

Can't vs. Can- Timing Activities

■ CAN'T

- Test/time kids in drills to test them for recruiting purposes

■ CAN

- Test/time kids for educational reasons and to give them areas of improvement
 - CANNOT retain this information for post-camp purposes

Can't vs. Can- Phone Calls

■ CAN

- Waive phone call rules for legitimate camp/clinic logistical issues

■ CAN'T

- Abuse this phone call freedom for recruiting purposes

Individual Workouts

- **CAN'T**

- Work out a kid individually outside of the camp drills
- Usually done to measure speed/agility/etc., therefore...
- This is considered an impermissible tryout

April 26, 2007 Ed Column



Voluntary Workouts

What is considered a “Voluntary Workout?”

A voluntary workout is when:

- 1) The SA must not be required to report back to a coach or other staff member.
- 2) In addition, no athletics department staff member who observes the activity (e.g., strength coach, trainer, manager) may report back to the SA's coach

What is considered a “voluntary workout?”

- 3) The activity must be initiated and requested solely by the SA.
- 4) CU nor any CU staff member may require the SA to participate in the activity at any time.
- **MUST** meet all 4 requirements!!

Voluntary workout con't...

- Staff members can provide information to SAs related to voluntary activities (e.g., times when the strength and conditioning coach will be on duty in the weight room or on the track).
- Staff may assign specific times for SA's to use CU facilities for such purposes and inform the SA of the time in advance

What is considered a “Voluntary Workout?”

- The SA's attendance and participation in the activity (or lack thereof) may not be recorded for the purposes of reporting such information to coaching staff members or other SAs.
 - Exception: The Speed, Strength, and Conditioning staff can keep attendance for safety purposes, but can't share that information with coaches.

What is considered a “Voluntary Workout?”

- The SA may not be punished if he or she elects not to participate in the activity.
- In addition, neither CU nor any CU staff member may provide recognition or incentives (e.g., awards) to a SA based on his/her attendance or performance in the activity.

Violation Example #1

- During the summer of 2007, a men's soccer coach required the members of the men's soccer team to submit summer training activity logs to him on a monthly basis.
- The student-athletes (SAs) were “encouraged” to train during the summer, but not required to do so.
- Those who did not turn in training logs were required to participate in extra conditioning when the team reported for fall practice.
- The coach believed it was permissible to require activity logs for informational purposes, as long as he did not require SAs to participate in any specific activities.

Who can be at Voluntary Workouts?

- Strength Coach
 - May design and conduct workout programs for SAs
 - These workouts must be at the request of the SA.
 - We have developed a form documenting the SA's request of a conditioning program
- Sports Medicine

Violation Example #2

- A head men's basketball coach attended a half-hour summer conditioning session conducted by the institution's strength and conditioning coach for the men's basketball student-athletes.
- The institution reduced the men's basketball team's practice time by twice the amount of the impermissible activity (i.e., one hour).

Who can be at Voluntary Workouts?

- REQUIRED staff attendees include:
 - Strength and Conditioning Coaches
 - Sports Medicine
- We are not prohibited from having additional *non-sport-specific staff* at workouts
 - These staffings must be worked out with their respective departments
 - Examples:
 - Student manager run the jugs machine
 - Student trainers from Sports Medicine

Who can be at Voluntary Workouts?

- In any event, coaches/staff cannot schedule their workouts during times when their team is engaged in workouts.
- We will not manipulate any staff designations to try to “get around the rule.”
 - Any manipulation will violate the intent and/or the letter of the voluntary conditioning rule

What activities are permissible?

- Strength and Conditioning workouts
- “Pick-up” games
- 7-on-7

- Not Permissible
 - Skill Instruction
 - Sport Specific Equipment used in S/C workouts by S/C staff (blocking sleds, Q-Back cams, etc.)

What activities are permissible?

- Educational Column Division I 2004 Hot Topic #1 - Use of Equipment Related to the Sport During Out-of-Season Conditioning Drills
- Date Published: January 27, 2004
Item Ref: 1

Educational Column:

- Institutions should note that Bylaw 17.1.5.2.3 prohibits an institution from using equipment related to the sport when conducting conditioning activities outside the playing season. In July 2003, Hot Topic #11 clarified that blocking sleds were football-related equipment and could not be used for out-of-season conditioning drills. It further explained that, regardless of how a blocking sled is promoted, it is an apparatus that is intended to teach blocking and tackling technique. After further review of different types of conditioning equipment, the membership services staff agreed that each institution is in the best position to determine if an apparatus being used for conditioning drills is related to the particular sport in question. However, it remains impermissible to use equipment clearly related to a sport (e.g., blocking sled in football), even if the apparatus is not used during the conditioning drills to teach technique.

Voluntary Workout Expenses

- CU can pay fees for SA's to use institutional practice and competition facilities
 - (e.g., Greens fees in golf, lift tickets for Ski, rec center court time usage)
- No coaches can be in attendance

Safety Exception

- Skiing, T&F Field Events can attend workouts and provide instruction for their student-athletes engaged in voluntary workouts
- Cannot CONDUCT the workouts

Summer Practice

- Sports where coaches can participate in individual workout sessions, if their attendance is requested by a SA:
 - Cross Country/Track & Field
 - Men's/Women's Golf
 - Skiing
 - Tennis

Summer Practice (cont.)

- Unless your sport is eligible to attend summer workouts, you can NEVER attend, observe, or instruct at a voluntary workout.
- There is not a “way to get around it!”

Media Interviews During The Summer

- It is permissible to arrange for media outlets to conduct interviews with a PSA during the summer prior to initial full-time enrollment
 - Must be on campus and permitted to participate in voluntary summer workouts conducted by a CU strength and conditioning coach.



TEAM ENTERTAINMENT

When Can We Provide Entertainment?

- We can pay for entertainment during:
 - Road trips for away contests
 - Going to a concert in Austin, TX
 - Going to a Rockies game if we were playing DU

When Can We Provide Entertainment?

- We can pay for entertainment during:
 - Vacation periods when the student-athletes are required to remain on campus for practice and/or competition
 - Basketball going to a Nuggets game during Winter Break

En route Entertainment

- Entertainment can also be provided during road trips
- Can be provided while en route from one contest to another


Permissible En Route Entertainment

- Soccer plays at Iowa State on Friday night
- Saturday they leave Ames and stop in Omaha, NE and attend a concert at Qwest Center Omaha.
- After the concert, they continue to drive to Lincoln for their match on Sunday.

Impermissible En Route Entertainment

- Golf plays in a tournament in San Diego, CA on Sunday, Monday, Tuesday of Spring Break.
- They attend a Rockies Spring Training Game in Tucson, AZ on Wednesday.
- They play in a second spring break tournament in Berkeley, CA.



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- Staff Interpretation
 - Entertainment expenses associated with practice
 - Date Published: October 11, 1989
Item Ref: d
Interpretation:
 - Reviewed Bylaw 16.7.1 (away-from-home contest) and Bylaw 16.8.1.1 (expenses for practice) in regard to an institution that wishes to conduct practice activities at an off-campus site not in conjunction with a contest in that area and confirmed that under such conditions the member institution may not finance any entertainment activities for the institution's team.